



Counseling Clinic Locations

Fayetteville

2592 N. Gregg Avenue, Suite 16
Fayetteville, AR 72703
479.582.5565

Little Rock

2002 S. Fillmore Street
Little Rock, AR 72204
501.661.0720

Magnolia

200 N. Pecan Avenue
Magnolia, AR 71753
870.234.0739

For more
information contact:

Methodist Counseling Clinic

2002 S. Fillmore
Little Rock, AR 72204
501.661.0720
800.756.3709 toll free
www.methodistfamily.org



The Methodist Counseling Clinic offers an array of psychiatric services through clinic, community and school-based modalities. The Clinic is part of the Continuum of Care provided through Methodist Family Health.

Specific professional services provided through the Clinic include:

- ▶ Comprehensive Diagnostic Evaluation to identify behavioral, emotional, learning, and/or adjustment issues or problems
 - Psychological Testing
 - Biopsychosocial Assessment
 - Psychiatric Evaluation
- ▶ Individual, Family and Group Psychotherapy Services
- ▶ Medication Consultation and Treatment
- ▶ Case Management Services
- ▶ Behavior Management Planning and Techniques
- ▶ Parent Support and Education
- ▶ School-based counseling services in select cities
- ▶ Art Therapy
- ▶ Play Therapy
- ▶ Access to other inpatient, outpatient and residential programs within Methodist Continuum of Care



Referrals for the Counseling Clinic come from:

- ▶ Parents and Guardians
- ▶ Arkansas Department of Human Services
- ▶ Juvenile Courts
- ▶ Primary Care Physicians
- ▶ Teachers
- ▶ School Counselors
- ▶ School Psychologists

Methodist Family Health believes in a team approach to treatment. Client and family participation is vital to the success of the treatment process.

The mission at Methodist Family Health is to give the best possible care to those who may need our help and to treat the whole person: socially, emotionally and spiritually.

Methodist Family Health programs use the framework of the Teaching-Family Model, an evidence-based model of care extensively researched for efficacy that emphasizes the positive teaching of functional skills and behaviors. Research has proven that a 4:1 ratio of positive to negative interactions is the ideal motivational formula.

Methodist Family Health is a non-profit, comprehensive behavioral health care system dedicated to providing quality psychiatric and behavioral health care to children and families of Arkansas.

Methodist Family Health programs

- ▶ Methodist Behavioral Hospital – Acute & Sub-Acute (Residential) Psychiatric Hospitalization
- ▶ Methodist Counseling Clinic including School-Based services
- ▶ Early Childhood Development
- ▶ Therapeutic Day Treatment School (K-12)
- ▶ Emergency Shelter Care
- ▶ Therapeutic Foster Care
- ▶ Statewide Therapeutic Residential Group Homes
- ▶ Psychiatric Residential Treatment Care
- ▶ Arkansas Center for Addictions, Research, Education & Services (Arkansas CARES)
- ▶ Methodist Crisis Response Team

