

Please Send More Information on the upcoming 2010

Camp Healing Hearts

I am interested in Camp Information / Application

I am interested in Volunteering

I am interested in more information on Kaleidoscope

Enclosed is my tax-deductible donation to Kaleidoscope

Name _____

Address _____

City/State/Zip _____

Phone/email _____

Please return to:

Kaleidoscope Grief Center

1600 Aldersgate Rd Ste 100B
Little Rock, AR 72205

Phone: 501-661-0720 Ext 7170

Fax: 501-537-2718

Toll Free: 877-357-5437

email: katrobinson@methodistfamily.org

web: www.methodistfamily.org



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Help us continue to provide
Camp Healing Hearts
at no cost to families.

Sponsorship:

<i>Grounds & Facilities</i>	\$500
<i>Meals & Nutrition</i>	\$1000
<i>Activities</i>	\$800
<i>Lodging</i>	\$800
<i>Supplies</i>	\$500
<i>Office/postage/printing</i>	\$700
<i>One child</i>	\$71

Volunteering:

<i>Registration</i>	<i>Facilitation</i>
<i>Activities Assistance</i>	<i>Photography</i>
<i>Recreation Support</i>	<i>Publicity</i>

Kaleidoscope Grief Center

is a nonprofit organization serving seriously ill and grieving children, teens, and their families and we rely on the support of individuals like YOU! For more information on how you can

help or participate, return the attached form or call
501-661-0720 Ext 7170
or toll free **877-357-5437**



Serving Children & Families



2010 Camp Healing Hearts

May 14 - May 15

Reflect - Reconnect - Rediscover
at this free overnight grief camp for
children, teens, and families
bereaving the death of a loved one.

www.methodistfamily.org

May 14 - May 15, 2010

www.methodistfamily.org

About
Camp Healing Hearts

Camp Healing Hearts is a family oriented grief camp for children ages 5-18 and their families. Caregiver participation is required and limited day care for children under 5 will be available on request. Camp begins Friday, May 14th at 5 pm and concludes Saturday, May 15th at 5 pm.

Grief can be a very isolating experience, particularly for children. Camp Healing Hearts provides a safe environment where children and their families can develop coping skills both individually and within a community of others. The work of play encourages a new sense of normalcy and allows children to find a voice for their grief. Camp Healing Hearts therapeutically and recreationally offers children and families the opportunity to find their own inner strength.



Camper Comments:

"My favorite part was knowing my family and I are not the only ones in pain."

"I had to face my feelings. I had avoided my emotions for so long. I finally understood all the events."

"I want to live there!"

Camp Healing Hearts

2010 Camp Healing Hearts will be located in the woodland hills of Little Rock's convenient and newly renovated Camp Aldersgate.



Activities will include:
 Heart-to-Heart Time,
 Swimming, Fishing,
 Campfire & S'mores,
 Games, Challenge
 Course, Lots of FUN!



Kaleidoscope Grief Center offers Arkansas' first grief camp, CAMP HEALING HEARTS, through collaborative developmental support from professionals from the following community organizations:

- Arkansas Children's Hospital
- Little Rock School District
- University of Arkansas at Little Rock
- Pulaski County Special School District
- Presbyterian Village
- Griffin-Leggett Funeral Homes
- Delta Society



REFLECT

Therapeutic Heart - To-Heart peer support groups are facilitated by members of a growing coalition of community experts in the grief and bereavement field. Through the simple act of sharing, comes the healing. Although the memories themselves are painful, they are the very keys to the door that leads to healing. We have a natural urge to remember, tell, and retell our very personal stories of life and death.



RECONNECT

Through age-appropriate discussion and activity, campers can develop and/or strengthen skills for coping and managing the often overwhelming and isolating emotions accompanying grief. The importance of ritual and ceremony is observed when we gather as a family and a community to reconnect as we share our experiences.



REDISCOVER

Families rediscover hope for the future as they work and play together in the afternoons integrating the time spent reflecting and reconnecting. We can rest assured that we are not alone as we face the future strengthened as a family.

